



Held under USAC permit



# October 11th, 2009, Lake Thunderbird State Park, Clear Bay Area

SH-9 East, 13 miles east of I-35, Norman, OK



*Thanks to our 2009 Sponsors!*

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Best VOLUNTEERS Ever!



MOUNTAIN

# Sooner Stampede 2009 Cross Country MTB Race Registration Form!

Mail to: Bicycle League of Norman, P.O. Box 721094, Norman, OK 73072

Name: _____	
Address: _____	
City: _____	State: _____
Zip: _____	
Phone: _____	Email: _____
Gender: <input type="checkbox"/> M or <input type="checkbox"/> F	
Age as of 12/31/09: _____	
USAC LICENSE #: _____ Team Name: _____	

Cat. 1 riders must have an annual USAC MTB \$60 license, available online, or on site.  
One-day licenses for Cat. 2 & 3 riders can be purchased for \$5 at the race. (<http://www.usacycling.org/>).

## RACE CATEGORY: (Select only one)

Cat 1 9:30 AM	Cat 2: 10:30 AM	Cat 3: 11:30 AM
<input type="checkbox"/> 13-18 Men	<input type="checkbox"/> 13-15 Men	<input type="checkbox"/> 13-15 Men
<input type="checkbox"/> 19-29 Men	<input type="checkbox"/> 16-18 Men	<input type="checkbox"/> 16-18 Men
<input type="checkbox"/> 30-39 Men	<input type="checkbox"/> 19-29 Men	<input type="checkbox"/> 19-29 Men
<input type="checkbox"/> 40-49 Men	<input type="checkbox"/> 30-39 Men	<input type="checkbox"/> 30-39 Men
<input type="checkbox"/> 50+ Men	<input type="checkbox"/> 40-49 Men	<input type="checkbox"/> 40-49 Men
	<input type="checkbox"/> 50+ Men	<input type="checkbox"/> 50+ Men
<input type="checkbox"/> 13-18 Women	<input type="checkbox"/> 13-18 Women	<input type="checkbox"/> 13-18 Women
<input type="checkbox"/> 19-39 Women	<input type="checkbox"/> 19-39 Women	<input type="checkbox"/> 19-39 Women
<input type="checkbox"/> 40+ Women	<input type="checkbox"/> 40+ Women	<input type="checkbox"/> 40+ Women
	<input type="checkbox"/> *Single Speed	
	<input type="checkbox"/> *Clydesdale (+200 lbs)	

**Al's Bicycle's KID'S KUP RACE!!! starting at 1:00 pm!!**

Races for boys and girls ages 4-6, 7-9, and 10-12

\* Single Speed and Clydesdale race the Cat. 2 distance. Cat. 1 Women & 50+ Men will race Cat. 2 distance. Cat. 2 40+ Women will race Cat. 3 distance.

*Cat. 1 will race approx 30 miles, Cat. 2 approx 20 miles, Cat. 3 approx 10 miles. Promoter reserves the right to adjust start times, mileage, and cancel/combine events. Registration will end 30 minutes prior to start time! Helmets are required when rider is on bike.*

A \$10.00 Tour de Dirt (TdD) race plate (\$5 refund for 1st time racers if returned at end of race) will be required to participate in any TdD event in 2009. These membership cards are available at any TdD event registration. Racers must show their 2009 TdD membership card before they will be allowed to register for the Sooner Stampede. For additional rules and regulations for the TdD see <http://www.tourdedirt.org/>

**For information contact, Michael Leary at 405-812-0423**

REGISTRATION FEES: (Make checks payable to BLN)

Cat. 1: \$30       Cat. 2 (inc. SS/CI): \$30       Cat. 3: \$25       Juniors: \$20

On-site registration will be held on Saturday, Oct. 10th from 9:00 a.m. – 1:00 p.m. and Sunday 7:30 a.m. – 11:00 a.m. at Clear Bay. You can also register on-line at [Active.com](http://Active.com) until 10/8/09, 5PM.

**Prizes:**

**Cat. 1: 100% Payout**

**Cat. 2: Trophies & Swag**

**Cat. 3: Trophies & Raffle**

**Course Description:** Approximately 10 mile lap consisting of 90% single track. Short climbs with fast flowing sections. All registrants must sign a USAC Standard Athletes Release Form to race. Forms will be available race weekend or at <http://www.usacycling.org/>. All minors must have a parent/guardian signature on this form.